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**Ask Your  
Guiding Angels**

KIMBERLEE VOSS

**Dear Angels,**

*My husband has gone through a wonderful healing process regarding his past and now I am wondering what I can do to improve on our marriage.*

*Thank you,  
MC of Broomfield*

**Dear MC,**

We thank you for opening to our guidance, as we want the best for you always. We see that many changes have occurred in your life recently. It is almost overwhelming to stop and just be present to it all, is it not? We sense, however, that you have the vague fear that without helping someone work on something, such as your husband recently, you're not quite sure who to be now. In the past, you derived a great sense of self-esteem by focusing on and helping others, but that is shifting now. Now, instead, we are creating new openings to help you redefine your sense of self-esteem so that you can live from a more empowered place within.

First, we'd like to invite you to sit back and relax about your marriage. You can be assured that your husband's changes will naturally affect your marriage in a positive way. Let the normal course of things unfold while you gently tend the garden (i.e., pull out the occasional weed) with love and care. The deeper connection you seek at this time with your husband may put an undue strain on the already positive state of your relationship. Sometimes,

**Relax About  
Your Marriage**

when a person wants something to be "just so," he/she can hold it too tightly and actually choke it, causing it to wither. People need time to adapt and adjust to change and we advise that you not force things to move faster or differently than they are now.

What we sense in your heart is a longing for a deeper relationship with yourself. You recently started on a conscious spiritual quest for this very purpose. We are guiding you to shift the focus from responding to the needs of others to healing yourself. To do this inner work is no small task and it is not accomplished in one day or in a seminar, as many promise. It is done over the course of one's lifetime and is a way of life for those committed to inner healing and the spiritual life. So, we once again encourage you to not only relax about your relationship, but relax into your journey. As you do so, we will help you access those old places within of not feeling loved and accepted for who you are. And it is true that while your husband is learning to feel more love, he cannot do this deeply personal work for you or fulfill you on the emotional depths we are speaking of. Only you can do that, so know that we love you deeply and that we are with you every step of the way on this wonderful sacred journey of exploration and healing.

*With great love,  
Your Guiding Angels*



*Kimberlee Voss, MA, ATP is a former psychotherapist who now joyfully works as a Clairvoyant/Intuitive Spiritual Counselor, Certified Medium and Angel Therapy Practitioner. The visionary readings are a combination of spiritual psychology and Kimberlee's ability to see and hear the Angelic Realms.*

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## Clear Intentions

Frequently, people caution, "Be careful what you ask for, you may get it." While I do not advocate fear, it is true that the universe responds to our inquiries. The practice of mindfulness — creating through conscious intention — is powerful, and powerfully illustrated in the following story.

As an outdoor enthusiast, my client's connection to nature provides her with vital rejuvenation. She resides in a small cabin adjacent to a bubbling creek in Eldorado Canyon, just south of Boulder. She lives a physically active, spiritually contemplative lifestyle in which she values personal growth and insight.

When I ask her how she would like to set the intention in her home, she replies that she wants to invite the vibration of nature into her living space,

allowing the natural qualities of abundance and healing to fill her cabin. She is opening to grace and divinity in all of its expressions. She hopes to create the same solace within her home that she knows during times of communion with the natural world.

Within a week of her house healing, her cabin flooded and became home to several snakes. In this way, her abode received the cleansing healing of the water combined with an abundance of reptilian roommates. She succeeded in her quest to fill her home with the vibration of nature, even if this particular expression of her intention does not match her picture of having grace and divinity in her life.

While this event creates a mess, my client recalls her experience fondly. When her cabin flooded, her next-door neighbors offered for her to rent a stand-alone apartment on their property. She moved into a larger and newer



place on higher ground, forging a lasting friendship with the couple who rented her the space. She remains surrounded by the glory of the natural environment, but has a clearer boundary regarding which elements of nature are best enjoyed outside of her front door.

This tale offers us at least three insights. First, our wishes are accommodated. Second, through that accommodation we learn to refine our wishes/intentions so that they may better suit us. Most importantly however, this story illustrates that we are supported in both attaining our wishes, and within our journey to refine them. We need not hold our desires against ourselves, and we should not feel guilty as we shift our relationship to them. The flooding of my client's home provides validation of the power with which she creates. Her discomfort in the situation signals the need for her

### Be careful what you ask for, you just may get it.


to refine her intention. Lastly, the ease of her move into a better living situation is the manifestation of further support to direct her toward her own fulfillment.

The events of our lives demonstrate our movement through various creations. As we proceed, we can choose to validate the process in gratitude for the support that we receive, or we can resist the twists and turns as we fight our growth at every corner. Either way, I recommend a healthy dose of amusement.



*Heidi Petersen, founder of Heidi's Healings, provides in-person and long-distance clairvoyant readings. She reads energy and helps people to clear blocks in their personal lives, their relationships, their homes and their businesses. For more information, please visit*

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